

DEPARTMENT OF COMMUNICATION & PSYCHOLOGY

Prof. Tony Wigram

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PHD COURSE IN MUSIC THERAPY RESEARCH

OCTOBER 29 – NOVEMBER 3. 2007

AALBORG UNIVERSITY, INSTITUTE 11

Rooms and locations in the university

K. 6, Lok.33 = KROGHSTRÆDE 6, ROOM NUMBER 33

F.5, Lok.33 = FIBIGESTRÆDE 5, ROOM NUMBER 33

Teaching on this course will be undertaken by **Prof Brynjulf Stige, Prof. Tia di Nora, and Prof. Tony Wigram**

Prof. Tony Wigram. Professor and Academic Co-ordinator of PhD Studies in Music Therapy, Institut 11, Aalborg University.

Provisional Programme

Sunday 28 October 16.00+ Arrival into accomodation. For those checking into the hotel, this time it is Park Hotel.

Location

Monday 29. October

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|-------|---|--------------------|
| 09.15 | Meeting of PhD students to discuss the programme | K.6. lok 33 |
| 10.00 | Mats Udholm <i>Music and special education – a study of the importance of music in the development of cognitive and metacognitive functions and processes.</i> | |
| 11.15 | Coffee | |
| 12.00 | Supervision time: Meetings with Hanne Porsborg Clausen | |
| 12.30 | Lunch | |
| 14.00 | Sanne Storm Wich (& Supervisor Prof. Tony Wigram)
<i>Evaluation of the voice</i> | |
| 15.15 | Afternoon tea | |
| 15.45 | Discussion and supervision time | |
| 19.30 | Meal together in Aalborg | |

Tuesday 30 October

Krog 6, lok 33

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| 09.30 | Lisa Summer (& Supervisor Dr. Lars Ole Bonde) | |
| 10.45 | Coffee | |
| 10.45 | Discussion of Literature: Please bring books and articles of interest
Planning of PhD courses; Presentation and Discussion of Microanalysis book. | |
| 12.00 | Lunch & Supervision time. Meetings with Hanne Porsborg Clausen | |
| 14.00 | Karin Schou | |
| 15.15 | Tea | |

- 15.45 Bolette Daniels Beck** (& Supervisor Prof. Tony Wigram & Lektor Lars Ole Bonde)
New project: Work related stress
- 17.00 Stop
- 19.30 Free evening

Wednesday 31 October

- 09.01 **Prof. Daniel Stern & Prof Francisco Pons** Auditorium B Fib
 (BE EARLY!! – it will be very full)
- 12.15 Lunch and supervision time
- 14.00 Travel to Aalborg for Clinic Reception (to be arranged)
- 19.00 Meal at Lars Ole's house

Thursday 1st November

Fib 5, lok 33

- 09.00 **Guest teacher: Prof. Brynjulf Stige: Seminar 1 (see reading below)**
All Music is Music Therapy! A Qualitative Study of a Senior Choir
- 10.30 Coffee
- 11.00 Discussion on themes from Prof. Stige's presentation .
- 12.00 **Viggo Kruger** – Visiting PhD student (& Supervisor Prof. Brynjulf Stige)
- 13.00 Lunch and supervision time (meetings with HannePC or Louise)
- 14.00 **Carola Maack** (& Supervisor Prof. Tony Wigram Krog 6 33
 & Dr. Lars Ole Bonde)
Comparing the Treatment Outcome of the Bonny Method of Guided Imagery and Music and Psychodynamic Imaginative Trauma Therapy for Female Patients with Complex Posttraumatic Stress Disorder
- 15.15 **Valgerour Jonsdottir**
- 16.30 Tea
- 16.45 NJMT Discussion forum: Brainstorming session.
 Interaction with collaborating universities
- 17.45 Close of day

Friday 2nd November

Fib 5. lok 33

- 09.00 **Guest Teacher: Prof. Brynjulf Stige. Seminar 2 (see reading below)**
EPICURE – Towards a New Agenda for the Evaluation of Qualitative Health Research
- 09.30 Meeting of Defence Committee for Randi Rlovsjord.
- 10.30 Coffee
- 11.00 Discussion on themes from Prof, Stige's presentation
- 12.45 Lunch
- 14.01 **PhD Defence: Randi Rolvsjord.** Auditorium **Krog 3**
Supervisor: Professor Even Ruud,
Examining Committee:
Associate Prof. Gro Trondallen (Chair)
Norwegian Academy of Music
Associate prof.Niels Hannibal
Aalborg Universiy, Denmark
Prof. Tia DeNora
Department of Sociology & Philosophy,
University of Exeter

- 15.00 Pause
- 15.15 Discussion with Committee
- 16.45 Open Discussion
- 17.30 Reception
- 19.00 Meal in Town arranged by Randi

Krogstraede 6

Saturday 3rd November

K.6. lok 33 all day

- 09.00 **Charlotte Lindvang** (And Supervisor Dr. Lars Ole Bonde)
Creativity in relation to analysis.
- 10.00 **Guest Teacher: Prof. Tia DeNora (see reading below)**
MusEcology? Music Therapy as a resource for Music Sociology (and vice versa?)
- 11.30 Coffee
- 11.50 Discussion on themes from Prof DeNora's presentation (*This presentation and discussion will be flexible.*)
- 13.30 Lunch & Supervision time: Use the Pizzeria Klingenberg
- 14.30 **Märith Bergström-Isacsson**(& Supervisor Prof. Tony Wigram)
A neurophysiological study of the effects of music and vibroacoustic stimulation in persons with Rett Syndrome.
- 15.45 Afternoon Tea
- 16.15 Planning for next PhD courses
- 17.00 Stop
- 19.30 Traditional Dinner and Party for the PhD group, teachers, examiners, guests – At the house of Tony Wigram: H.C.Andersensvej, 28, 2, t.v. 9000 Aalborg

Sunday 19. November

Supervision times with Tony Wigram: 08.30-14.30

The PhD Courses are in English.

Please note the reading recommendations on the final page for Dr. Stige and Dr. DeNora's teaching

Presentation 1, Thursday November 1:

Title - All Music is Music Therapy! A Qualitative Study of a Senior Choir

Abstract

The relatively recent revitalization of Community Music Therapy has created many disputes within the discipline and profession of music therapy, and it has been described both as “professional suicide” and the “future of music therapy.” In the study that I will present here, I try to move beyond these heated debates and offer constructs that may clarify some possibilities and limitations of community-oriented musicing in the service of health (“musicing” is by now a relatively established term in the field, referring to music-making as a socially situated activity). A premise for the study is that help is not a decontextualized effect that music produces. In studying the Senior Choir led by music therapist Solgunn Knardal in the small town of Sandane in Western Norway, I have therefore explored how the participants actively *use* music as a health resource in their everyday lives. The members of the choir participate eagerly in choir rehearsals and performances in spite of various constraints. The rehearsals involve hard work on getting the music “right” and challenging negotiations on values that shape everyday life, but the overall atmosphere is still one of warmth and hospitality. Through analysis and interpretation of qualitative research interviews with all choir participants, I discuss how self-care, lay care for others, and professional care interrelate in the

context of this choir.

Background

This presentation is based in a project funded by The Research Council of Norway, where Brynjulf Stige (Norway), Gary Ansdell (UK), Cochavit Elefant (Israel/Norway), and Mercedes Pavlicevic (South Africa/UK) collaborate in tracking eight Community Music Therapy projects from four national contexts. The formal title of the study is “An Exploratory Study of Community Music Therapy” and the goal has been to document and analyse practices that have been underreported and underdeveloped in academic texts, namely collaborative community-based approaches to music and health. The team is currently in the process of writing a book on these eight case studies, with the working title: *Where Music Helps. Community Music Therapy in Action and Reflection*.

Recommended Literature

Students are recommended to read some background material on 1) culture-centred music therapy, 2) community music therapy, and 3) qualitative research interviews:

Ad 1) The presentation is based upon certain notions on culture and therapy, explored in:

Stige, B. (2002). *Culture-Centered Music Therapy*. Gilsum, NH: Barcelona Publishers, Chapters 1, 2, 3, and 7.

Ad 2a) Introductions to the idea of Community Music Therapy may be found on the *Voices* website (www.voices.no), where there are several relevant articles, such as Ansdell's essay in Vol. 2(2), Stige's in Vol. 2(3), and Turry's in Vol. 5(1). See also the discussion on how to define Community Music Therapy, e.g. http://www.voices.no/discussions/discm4_05.html

Ad 2b) If you have not read the book *Community Music Therapy*, I recommend:

Pavlicevic, M. & Ansdell, G. (ed.). *Community Music Therapy*. London: Jessica Kingsley Publishers. Chapters 1-5.

Ad 3) There are several good introductory texts to qualitative research interviews, such as:

Kvale, Steinar (1996). *InterViews*. London: Sage Publications.

Presentation 2, Friday November 2:

Title:

EPICURE – Towards a New Agenda for the Evaluation of Qualitative Health Research

Abstract

Qualitative research has a long history and an established position in the humanities and social sciences. In health research the situation has been somewhat different, but there is a growing awareness and interest, also in established medical journals. Sometimes qualitative research mainly complements and supports quantitative research, for instance in the processes of hypothesis generation or further exploration and interpretation of quantitative findings, but many scholars have also identified a more autonomous role of qualitative health research. They have, for instance, focused upon the interpersonal processes involved in most health practices and studied how these processes may be experienced as empowering or disempowering for the various participants. Whatever conception of qualitative research one supports, evaluation of the research produced is essential for professional and scholarly development. There is little agreement, however, as to how to evaluate qualitative research, and there is some polarization of positions. Some have developed rigid checklists while others argue that even the idea of evaluation is alien to the ethos of creativity and interest for particularity that characterizes qualitative research. This presentation explores how it could be possible to bypass what could be called the tyranny of standardization and the anarchy of endless variation and it offers an attempt of developing a constructive dialogue-based approach to research evaluation.

Background

This presentation is based in a collaborative project at the University of Bergen, where Kirsti Malterud (professor in medicine), Torjus Midtgarden (professor in theory of science) and Brynjulf Stige (professor in music therapy) collaborate on the development of an agenda for qualitative health research evaluation.

Recommended Literature

Students are recommended to read 1) Stige's previous chapters on music therapy research, and 2) some of the current literature on evaluation of qualitative research.

Ad 1), alternative a:

Stige, B. (2002). *Culture-Centered Music Therapy*. Gilsum, NH: Barcelona Publishers, Chapters 10-12

Ad 1), alternative b:

Stige, B. (2005a). *Ethnography and Ethnographically Informed Research*. I: Wheeler, B. (ed.) *Music Therapy Research* (2nd Edition). Gilsum, NH: Barcelona Publishers.

Stige, B. (2005b). *Participatory Action Research*. I: Wheeler, B. (ed.) *Music Therapy Research* (2nd Edition). Gilsum, NH: Barcelona Publishers.

Ad 2)

Students are recommended to access websites of health studies journals where the evaluation of qualitative research has been discussed. Examples:

- The 2002 Forum discussion in *NJMT*, which did include some serious and some not so serious suggestions. Can be retrieved from: <http://www.njmt.no/forumqualartlist.html>

- Articles in medical journals such as *BMJ* and *Lancet*. Two of the most relevant articles are:

Barbour, Rosaline S. (2001). Checklists for improving rigour in qualitative research: a case of the tail wagging the dog? *BMJ (British Medical Journal)*, 322, pp. 1115-1117.

Malterud, Kirsti (2001). Qualitative research: standards, challenges, and guidelines. *Lancet*, 358, pp. 483-488.

- Articles in qualitative research journals, such as *Qualitative Health Research* articles:

Morse, Janice M. (2003). A Review Committee's Guide for Evaluating Qualitative Proposals. *Qualitative Health Research*, 13(6), pp. 833-851.

Popay, Jennie, Anne Rogers & Gareth Williams (1998). Rationale and Standards for the Systematic Review of Qualitative Literature in Health Services Research. *Qualitative Health Research*, 8(3), pp. 341-351.

Biography

BRYNJULF STIGE, PhD, Professor in Music Therapy, University of Bergen; Head of Research at GAMUT: The Grieg Academy Music Therapy Research Centre (www.gamut.no). Stige has published extensively on topics such as music education, music therapy improvisation, culture-centered music therapy, and community music therapy. He has published four books in Norwegian and three books in English. The latter are: *Culture-Centered Music Therapy* (2002), *Contemporary Voices in Music Therapy* (2002, edited with Carolyn Kenny), and *Elaborations toward a Notion of Community Music Therapy* (2003). Stige is currently leading an international research project founded by The Research Council of Norway: *Music and Health in Late Modernity: Resource-oriented Music Therapy and Community Music Therapy*. He is founding co-editor (with Carolyn Kenny) of *Voices: A World Forum for Music Therapy* (www.voices.no) and founding editor, currently Norwegian editor, of *Nordic Journal of Music Therapy* (www.njmt.no). E-mail: brynjulf.stige@grieg.uib.no

Professor Tia DeNora

Title: MusEcology? Music Therapy as a resource for Music Sociology (and vice versa?)

Abstract:

The collaboration between music therapy and music sociology provides, I will suggest, new resources for thinking about the aetiology and management of health-statuses, in particular their cultural and musical bases. A

focus on the musical bases of health care, I suggest, illuminate some of the passages from (on the one hand) illness, acute treatment facilities and social sequestering, to (on the other hand) health, the wider community and social connection. These passages may then be viewed as mundane socio-cultural achievements, built from many types of resources and materials, and accomplished through small but continuous steps. In this talk (which will probably be organized as a series of mini-lectures with space in-between for discussion), I will reflect on some of the benefits, as I see them, of music therapy's and music sociology's continued interaction, focused on methodological strategies and theoretical developments in both fields.

Reading (select according to taste):

Tia DeNora. 2007. *Health and Music in Everyday Life: a theory of practice*. Psyke & Logos (see attached pdf file - unformatted - apologies!)

Further/Background:

Tia DeNora. 2000. *Music in Everyday Life*. Cambridge University Press (see the chapter on Music as a Technology of Self [which can be found in electronic version in the 1999 Journal, Poetics])

Tia DeNora. 2003. *After Adorno: rethinking music sociology*. Cambridge University Press

Kari Batt-Rawden and Tia DeNora. 2005. *Music and informal learning in everyday life*. Music Education Research.

Biography

My undergraduate studies were in music (my major instrument was flute) and sociology. I completed my PhD in Sociology in 1989 at the University of California San Diego. From then until 1992, I worked at University of Wales Cardiff (where I was a University of Wales Fellow from 1989-91). I moved to Exeter in 1992. Most of my work has focused on musical topics, but I have also worked in the area of the sociology of science and technology. I was Chair of the European Sociological Association Network on Sociology of the Arts <http://www.valt.helsinki.fi/esa/arts.htm> from 1999-2001 and am a Vice President of the International Sociological Association Research Committee on Sociology of the Arts <http://www.ucm.es/info/isa/rc37.htm> I was an elected member of the Council of the American Sociological Association Section on Science, Knowledge and Technology from 1994-7 <http://www.asanet.org/sectionskat/> and am currently on the Council of the American Sociological Association Culture Section (until 2008). With Pete Martin, I have been co-editor of the Manchester University Press series, *Music and Society* <http://catalogue.mup.man.ac.uk/acatalog/index.html> I serve on the editorial boards of *Qualitative Research* <http://www.sagepub.co.uk/frame.html?http://www.sagepub.co.uk/journals/details/j0331.html>, *Music Therapy Today* <http://www.musictherapyworld.de/> *Poetics* <http://www.elsevier.com/wps/find/journaldescription.editors/505592/description#description> *Methodological Innovations* www.methodologicalinnovations.org and *Cultural Sociology* <http://www.sagepub.co.uk/journal.aspx?pid=107737>.

Tia DeNora

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webpage: <http://www.huss.ex.ac.uk/sociology/staff/denora/index.php>

PhD students: <http://www.projects.ex.ac.uk/socarts/>

New Journal: <http://musicandartsinaction.net>

Distribution:

Teachers:

Prof. Tony Wigram

Dr. Carolyn Kenny

Dr. Lars Ole Bonde

AAU:

Ole Prehn – dekan

Lisbeth Fredberg

Inge Nygaard Pedersen (Klinikleder)

Niels Hannibal

Ulla Holck (Studieleder)

Hanne Mette Ochsner Ridder (Post-doc)

Dr. Tony Wigram : 01 October 2007

Doctoral research Students:

Sanne Storm

Bolette Beck

Charlotte Lindvang

Karin Schou

Lisa Summer

Marith Bergtrom-Isacsson

Carola Maack

Dikla Kerem

Valgerour Jonsdottir

Randi Rolvsjord (defending)

(Stine Jacobsen)

Viggo Kruger (visiting student, Bergen)

Mats Udholm (visiting student – Stockholm)